

# WHAT ARE GOALS?

When creating your NDIS Plan, you will be asked to think about some goals that you would like to work towards.

The supports you get in your NDIS Plan will be based on the goals you want to achieve.

GOALS ARE THINGS THAT

✓ ARE IMPORTANT FOR YOU    ✓ YOU WANT TO DO OR LEARN



GETTING  
YOUR  
DRIVER'S  
LICENCE



GOING OUT  
FISHING  
WITH  
FAMILY OR  
FRIENDS  
ON THE  
WEEKEND



GOING  
DOWN TO  
THE FOOTY  
EACH WEEK



LIVING IN  
MY OWN  
PLACE  
BACK ON  
COUNTRY



GETTING  
A JOB

WHEN IT COMES TIME TO TALK ABOUT  
YOUR GOALS, **KEEP THESE 3 THINGS IN MIND**

**1**

What do  
I want to do?

**2**

What do  
I like to do?

**3**

On a really bad day,  
what things do  
I need help with.

THINKING ABOUT THESE THINGS WILL  
HELP YOU TO COME UP WITH SOME GOALS



AAA  
Aboriginal disAbility Alliance



SAWCAN

